

MAKING FRESH FOODS AND HEALTHFUL CHOICES A PRIORITY



Thanks to our new walk-in cooler, the Center has the ability to distribute a greater selection of fresh fruits and vegetables, as well as dairy products, many of which are locally grown, produced and donated by the generous members of our community.

Last year 2,000 families visited our Pantry, and with the growing season upon us, we look forward to being able to provide a greater supply of nutritious options for our food insecure neighbors.

Bernie: *"We were helping at one time, now we have to seek help. It's a big relief to know that we have someplace to come to get what we need."*



DONATIONS ARE GRATEFULLY
ACCEPTED DURING CENTER HOURS

Tuesday - Friday 10:00 am - 4 pm
Saturday 10:00 am - 1:00 pm

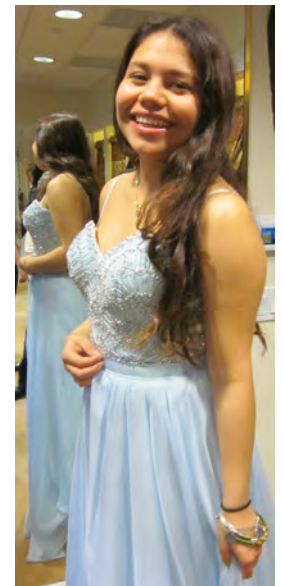
WINTER, SPRING, SUMMER, OR FALL, CLOTHING FOR ALL



Families grappling with the cost of food, housing and health care often find it hard to afford clothing. But no matter the season, our clients will find a selection of gently used garments and shoes, available to them free of charge.

We provide clothing suitable for all occasions: school and play, work and interviews. Each year the Center and the community come together for a Prom Drive, making it possible for high schoolers of limited means to attend this special event by offering formal dresses, tuxedos and accessories.

We will be gratefully accepting donations of lightweight wear through the end of August, at which time we will transition to filling our shelves and hangers with items suitable for fall and winter.



NEW EXECUTIVE DIRECTOR APPOINTED

The Board of Directors of the Community Center announced the appointment of Clare Murray as Executive Director. Clare has been with the Center since 2009, serving as Assistant Director of Operations and most recently as Interim Executive Director. Board President Christine Meyer stated, "Clare's energy, innovativeness, and grace reflect the Board's vision for the future of the Community Center." While well aware of the Center's impressive history, Clare focuses on what is to come. "I look forward to working with the Board as we continue to engage the community, serve our clients and develop new opportunities to help those in need achieve or return to self-sufficiency."

NEIGHBORS HELPING

INFANTS

Of all our clients, our very youngest have the most simple yet specific needs – baby food and formula, diapers (LOTS of diapers!) and clothing that is quickly outgrown. During every monthly visit, families with infants/toddlers receive a supply of food and diapers for each child, and our goal is to increase that amount.

But beyond keeping babies clean and comfortable, diapers can have a far-reaching impact on an entire family. Per the National Diaper Bank Network, “Without diapers, babies cannot participate in early childcare education. Without childcare, parents cannot go to work.”

Thus a donation of diapers (or funds with which to buy them) is one way to help our neighbors on the road to self-sufficiency.



CHILDREN



During the summer every year, school districts across Northern Westchester issue the lists of supplies students will need to begin the year. The cost of “Back to School” can be daunting, especially for families of limited means. Our annual drive ensures that no child from Pre-K through high school has to return to school without the tools they’ll need to succeed. Please visit our website for a list of the supplies needed the most. Your generosity makes this possible.

In addition, each summer two generous New England camps offer the opportunity for our children to have an enriching and amazing experience at sleep-away camp. This year 35 local children will be attending these camps. Some “graduates” of these camps have been invited to return as counselors-in-training. What a wonderful recognition of their abilities!

TEENS

Our well-qualified volunteer tutors help teens in a tutorial setting with school work: math, English and science assignments as well as test preparation for ACT's SAT's and GED's.

Students pursuing their academic dreams through higher education can obtain financial assistance with the Center’s Dowling Educational Scholarship. For some this is the determining factor in their ability to continue their studies. The program has grown since its inception in 2009 and this year awarded scholarships to 13 exceptional applicants. Your support will help this program continue and grow.



NEIGHBORS OF ALL AGES

ADULTS

The help we provide our clients extends far beyond the necessities of food and clothing; the Center is committed to giving clients the tools they need to thrive in the workplace and better support themselves and their families. Programs are provided in English language and basic computer skills. Courses in construction skills with OSHA certification improve employment opportunities and job security for those working in this field. Classes in civics and US history are offered as well as preparation for the citizenship exam.



To facilitate success in securing employment, our volunteer job counselors work with clients one-on-one, taking them through the steps of the job hunt, from putting together a resume and filling out application forms to dressing and preparing for an interview. Even more importantly, each client gains self-awareness, a recognition of the value of their own skills and talents, and the confidence to pursue them.

Workshops to improve nutrition and teach families healthful habits are offered all year around, provided by the Cornell University Cooperative Extension. Emphasis is placed on preparing nourishing meals on a low budget with sample ingredients from our pantry.

SENIORS



The senior citizens in our community are among our most vulnerable. Through our choice-style pantry and cooler of fresh fruits and vegetables, we are able to offer a wide selection of supplemental groceries and healthful options. For those unable to come to the Center, we partner with Meals on Wheels for home delivery of food packages.

We are also proud of being able to offer a way for those on a fixed income to augment their wardrobes. Lenore: *“My only income is from Social Security and ... it doesn't allow me any money for clothes. So I come here, and I'm happy to take part in your program, because I'm looking so well dressed!”*

In addition, nurses from Northern Westchester Hospital visit the Center each month to administer flu shots, as well as provide free health screenings that include blood pressure and cholesterol testing. Free eye exams and glasses are available through our collaboration with the LensCrafters OneSight Foundation.

WE THANK OUR COMMUNITY PARTNERS

Antioch Baptist Church, Bedford Hills
Bedford Hills Lions Club
Bedford Hills Neighborhood Association
Bedford Presbyterian Church
Bet Torah, Mount Kisco
Church of the Good Shepherd, Granite Springs
Congregation B'nai Yisrael of Armonk
Congregation Shir Shalom of Westchester/Fairfield
First Congregational Church of Chappaqua
First Presbyterian Church of Katonah
The Harvey School
Katonah United Methodist Church
Katonah Village Improvement Society
Lutheran Church of the Resurrection
Mount Kisco Rotary Club
Northeast Westchester Rotary Club
Pound Ridge Community Church

Presbyterian Church of Mount Kisco
Rippowam Cisqua School
Somers Lions Club
Somers Women's Club
St. James Episcopal Church, North Salem
St. John's Episcopal Parish, Lewisboro
St. Joseph's Church, Somers
St. Luke's Episcopal Church, Katonah
St. Mark's Episcopal Church, Mount Kisco
St. Mary of the Assumption, Katonah
St. Matthew's Episcopal Church, Bedford
St. Patrick's Church, Bedford
South Salem Presbyterian Church
Temple Beth El of Northern Westchester
Temple Shaaray Tefila, Bedford Corners
United Methodist Church of Mount Kisco
United Methodist Church of Purdys

Our ability to serve our neighbors in need is possible only with assistance from the community. Whether it's a contribution of money, food, clothing, expertise or time, we encourage and welcome the involvement of individuals and organizations. Monetary donations can be made directly through our website. For information about volunteering, please call 914-232-6572.



COMMUNITY CENTER
OF NORTHERN WESTCHESTER
Sharing the Essentials of Living

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84 BEDFORD ROAD • KATONAH, NY 10536



IF YOU OR ANYONE YOU KNOW NEEDS HELP,
PLEASE CONTACT THE COMMUNITY CENTER

SAVE THE DATE!

**Annual Benefit
Cocktail Party & Auction**
Saturday, September 24, 2016
Join us for a fun-filled evening!

For more information about us,
visit communitycenternw.org
or call 914-232-6572


DONATE

Donate online at:
communitycenternw.org.
Or send your tax-deductible
donation by mail:

**Community Center of
Northern Westchester**
84 Bedford Road
Katonah, NY 10536.



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OUR MISSION

The Community Center of Northern Westchester seeks to improve the well-being and self-sufficiency of neighbors in need by providing food, clothing, programs, and other resources.